

Winfield Mt Union CSD

MARCH 2023

Please Note: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.
 Reduced fat dressing is served with salads and fresh vegetables.
 All Grain items are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	1	2	3
Frudels or Muffin & Yogurt Peaches, Fruit Juice Milk Choice Biscuits & Gravy Sausage Patty Peas, Hashbrown Patty Pineapple Apple Milk Choice	Breakfast Pizza or Cereal and Yogurt Pineapple, Fruit Juice Milk Choice (Dr Suess Week) Green Eggs and Ham Toast Baby Carrots Fresh Strawberries Fruit Juice Milk Choice	Cinnamon Roll or Chocolate Chip Banana Bread & Yogurt, Mixed Fruit Fruit Juice, Milk Choice Philly Cheese Steak Sandwich, French Fries, Green Beans Bananas, Rosie Applesauce, Milk Choice	Waffles or Muffin and Yogurt, Applesauce, Fruit Juice, Milk Choice Chicken Patty on Bun Onion Rings, Cooked Carrots, Jello Pears, Orange Slices Milk Choice	Chocolate/Powder Sugar Donuts or Cereal and Yogurt Orange Slices, Fruit Juice Milk Choice French Bread Pizza with Marinara, Fresh Broccoli, Fresh Cauliflower, Peaches, Fruit Cup, Milk Choice
6	7	8	9	10
Egg Sandwich or Muffin and Yogurt, Peaches, Fruit Juice Milk Choice Maidrite on Bun, Curly Fries, Broccoli and Cheese Baby Carrots, Mixed Fruit Capri Sun Juice Milk Choice	French Toast Sticks or Cereal and Yogurt, Mixed Fruit, Fruit Juice, Milk Choice Corn Dogs Green Beans, Tator Tots, Mandarin Oranges, Grapes Snickerdoodle Milk Choice	Omelet w/ Toast, or Muffin and Yogurt, Grapes, Fruit Juice Milk Choice Hard Shell Tacos Lettuce, Diced Tomato Spanish Rice, Peas, Apple Slices, Kiwi, Milk Choice	Breakfast Pizza or cereal and Yogurt, Apple, Fruit Juice, Milk Choice Popcorn Chicken, Mashed Potatoes, Gravy, Corn, Biscuit w/Honey, Cinnamon Applesauce, Fresh Pear Milk Choice	Long John or Muffin and Yogurt, Fresh Pear, Fruit Juice Milk Choice Mikes Cheesy Bites with Marinara, Garden Salad, Cooked Carrots, Peaches Whole apple Milk Choice

USDA is an equal opportunity provider and employer.