

# OCTOBER 2021

## Winfield Mt Union CSD

### LUNCH



**School Information:** Milk served daily with breakfast and lunch.  
Fruit juice served daily with breakfast.



Chef Salad offered daily as an alternative.



#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



##### Cinnamon Roll, Fruit

4

Goulash, Garlic Bread, Green Beans, Mixed Fruit

##### Bagel w/ Cream Cheese, Fruit

5

Crispitos, Refried Beans, Rice, Pears

##### Breakfast Pizza, Fruit

6

Hotdogs, Ranch Wedges, Baked Beans, Oranges

##### Long John, Fruit

7

Sub Sandwiches, Lettuce, Tomatoes, Peaches

##### Biscuits & Gravy, Fruit

1

Quesadilla, Fries Corn, Pineapple

##### Pancake on a stick, Fruit

11

Mr. Ribs, Tri Tators, Broccoli & Cheese, Peaches

##### Frudel, Fruit

12

Walking Taco, Corn, Beans, Lettuce, Tomato, Pineapple

##### Breakfast Pizza, Fruit

13

Mandarin Orange Chicken, Rice, Baby Carrots, Mandarin Oranges

##### Cinnamon Roll, Fruit

14

Hamburger, Fries, Romaine, Tomato, Apples

##### Biscuits & Gravy, Fruit

15

Cheese Pizza, Green Beans, Applesauce

##### French Toast Sticks, Fruit

18

Popcorn Chicken, Mashed Potatoes, Gravy Corn, Mixed Fruit

##### Bagel w/ Cream Cheese, Fruit

19

French Toast, Sausage, Tri Tator, Peaches

##### Breakfast Pizza, Fruit

20

Tenderloin, Season Fries, Baby Carrots, Grapes

##### Long John, Fruit

21

Super Nachos, Lettuce, Tomatoes, Mixed Vegetables, Pineapple

##### Biscuits & Gravy, Fruit

22

French Bread Pizza, Marinara, Sun Chips, Green Beans, Pears

*No School!*

25

PD Day

##### Cheese Omelet, Fruit

26

Corndogs, Tri Tators, Baked Beans, Apples

##### Breakfast Pizza, Fruit

27

Mac & Cheese, Little Smokies, Peas, Grapes

##### Cinnamon Roll, Fruit

28

Chicken Wrap, Lettuce, Tomatoes, Mixed Vegetables, Pineapple

##### Biscuits & Gravy, Fruit

29

Bosco Sticks, Marinara, Carrots, Lettuce, Oranges